

Abortion

An abortion (a termination of pregnancy) can be carried out in two ways: the pregnancy is terminated either by taking medication or by having a surgical procedure before the 12th week of pregnancy. On your first visit to the hospital, the pregnancy will be confirmed by an ultrasound scan and by gynecological examination. The date and method of abortion are decided during this appointment.

Early medical abortion, less than 12 weeks of pregnancy

- Involves taking two different medicines (mifepristone and misoprostol)
- Usually requires 1-2 visits to outpatient clinic
- You must be accompanied by an adult when discharged from the hospital

Surgical procedure (Vacuum aspiration) if pregnancy is at less than 12 weeks

- Vacuum aspiration is a surgical procedure and it will be carried out under general anesthetic
- After the procedure and a few hours of observation you are usually able to go home, however you must be accompanied by an adult

If the weeks of pregnancy are over 12

- When the pregnancy has lasted more than 12-20 weeks, a permission for an abortion will be requested from The National Supervisory Authority for Welfare and Health (VALVIRA)
- The doctor will sign the required papers and make a referral to the hospital
- The abortion will be induced by taking medication, in some cases surgical procedure is also needed
- Hospital treatment is 1-3 days

After abortion

- The contraception will be started immediately after a termination of pregnancy
- The post bleeding can continue for 1-4 weeks after an abortion
- You will be instructed to take up to three days sick leave
- Pregnancy test must be done ~ three weeks after the abortion according to separately given instructions

Book a follow-up appointment within 3-4 weeks from termination of pregnancy